

History of Lund

Lund has been helping women, children and families to thrive for the last 125 years thanks to the generous and sustaining support from members of the community like you. Founded in 1890 by ten compassionate members of the Woman's Christian Temperance Union as 'The Home for Friendless Women', the organization was dedicated to caring for 'poor and needy women destitute of any means of support'. The first baby was born at Lund on September 12th 1893.



The name was changed to 'The Elizabeth Lund Home' in 1927 thanks to a bequest left by Dr. William Lund in honor of his wife, Elizabeth, who was one of the tireless founders. Through its first eighty years, Lund was first and foremost a maternity home and adoption agency. By the 1970's society was changing and young unmarried mothers were beginning to choose to parent their children. In response, Lund services grew to include parenting education, family therapy, high quality childcare, high school completion and job training. In 1989 the name was changed again to 'Lund Family Center' to reflect Lund's new status as a federally designated Parent Child Center.

In 2000, in response to growing need in the community, a residential treatment program was started for pregnant and parenting women who were struggling with substance abuse, and they could bring their babies with them. Clinical treatment services then expanded to include community outpatient treatment in 2004.

Another name change in 2012, to simply 'Lund' reflects Lund's work being offered beyond the walls of Lund's buildings to peoples' homes and other places through the community and the state. Today, Lund's services wrap around families, offering family-centered treatment, education, adoption, and family support services. Its annual reach is 4,500 statewide.

We hope that you will join us as we celebrate 125 years of strengthening families to become healthy, happy and self-sufficient, and for children to have the love, understanding and care they need and deserve.

Empowering families to break cycles of poverty, addiction and abuse.
Stay tuned for more information...

Last year

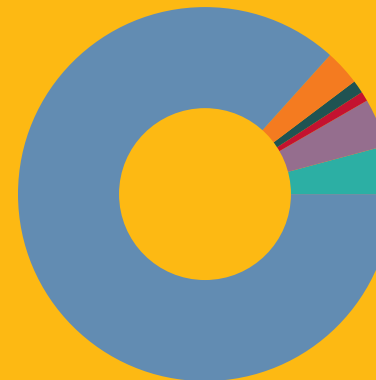
4,330 individuals benefited from Lund's programs and services.

Lund FY15 Statement of Financial Position

Amount in Net 000s

Assets	Unaudited	Audited	Liabilities	Unaudited	Audited
	FY15	FY14		FY15	FY14
Cash	1,499	1,037	Accounts Payable and Accruals	452	409
Receivables	1,235	1,365	Deferred Revenue	228	6
Other Current Assets	67	65	Notes and Bonds Payable	5,630	6,022
Investments	842	832			
Property and Equipment	8,817	9,101			
Total Assets	12,460	12,400	Total Liabilities	6,310	6,437
			Net Assets	6,150	5,963
			Total Liabilities & Net Assets	12,460	12,400

Total Operating Revenue FY15:
\$8,364,057



Total Operating Expenses FY15:
\$8,045,518



- 86% Government Contracts and Grants
- 3% Individual Contributions
- 1% Corporate Sponsorships
- 1% United Way
- 4% Private Foundations
- 4% Fees for Service
- 0% Other

- 14% Adoption
- 44% Treatment
- 14% Education
- 13% Family Support Services
- 11% Administration
- 4% Development



Lund board members and staff celebrate the April 2015 passing of the 125th Anniversary Resolution.

Since Lund's inception in 1890, over 25,000 Vermont families have experienced meaningful change through our adoption, treatment, education and family support services. From the first resident of the Home for Friendless Women, a 38-year-old woman from Burlington who had been abandoned by her husband and had nowhere else to turn, to the many men, women and children served by Lund today, we have been here to provide hope, opportunity and family for 125 years.

Lund's work with families has been a part of the fabric of Vermont for so long that most Vermonters have a Lund connection in their family, friends or neighbors.

As we look at the need in our state, it is clear Lund's work is needed today more than ever. We hope our children and grandchildren can look back at today with pride, knowing that the investment we made today, created a brighter future for their families tomorrow.

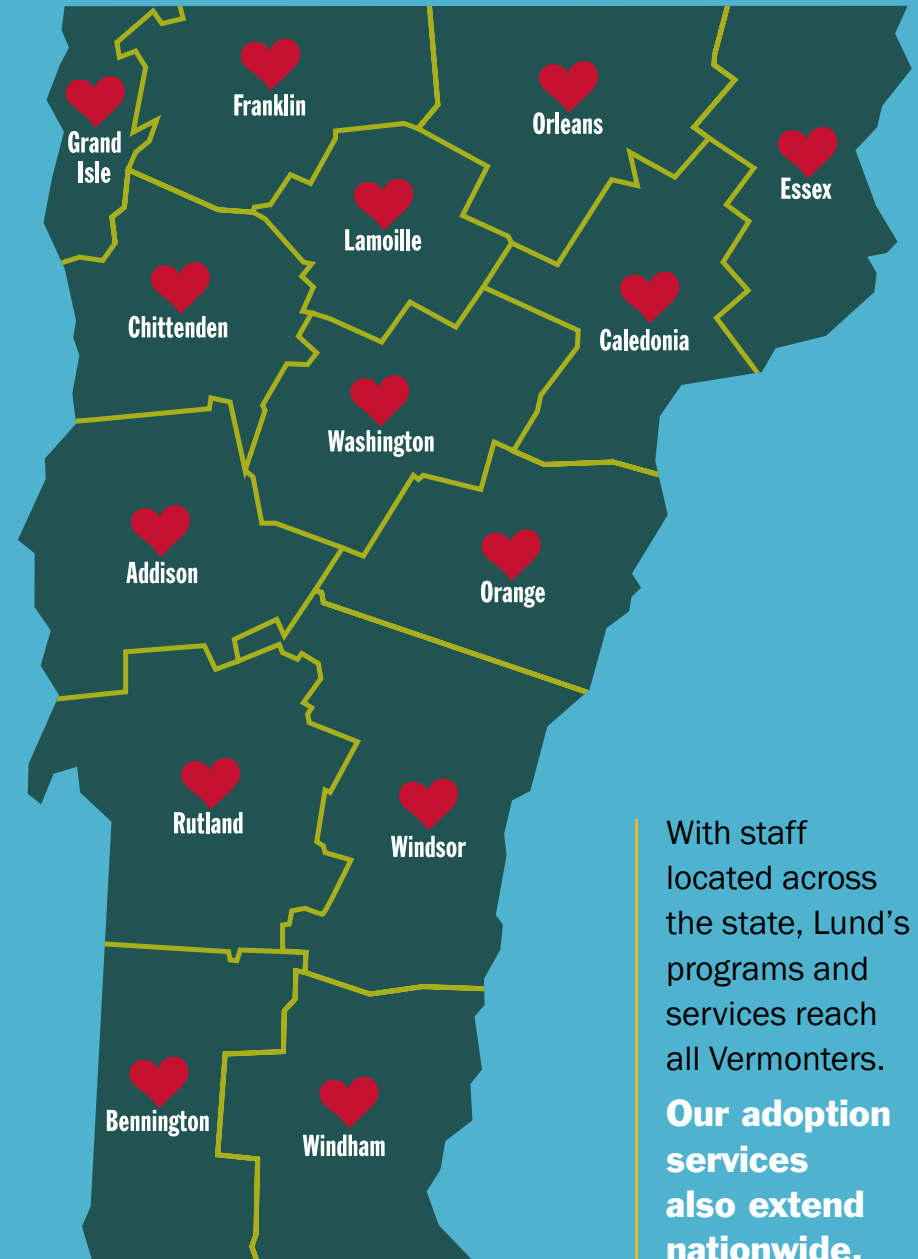
With your support, we can help make this dream a reality. Together, we can make a difference for the next 125 years.

With our deep gratitude and thanks,

Barbara Rachelson
Executive Director

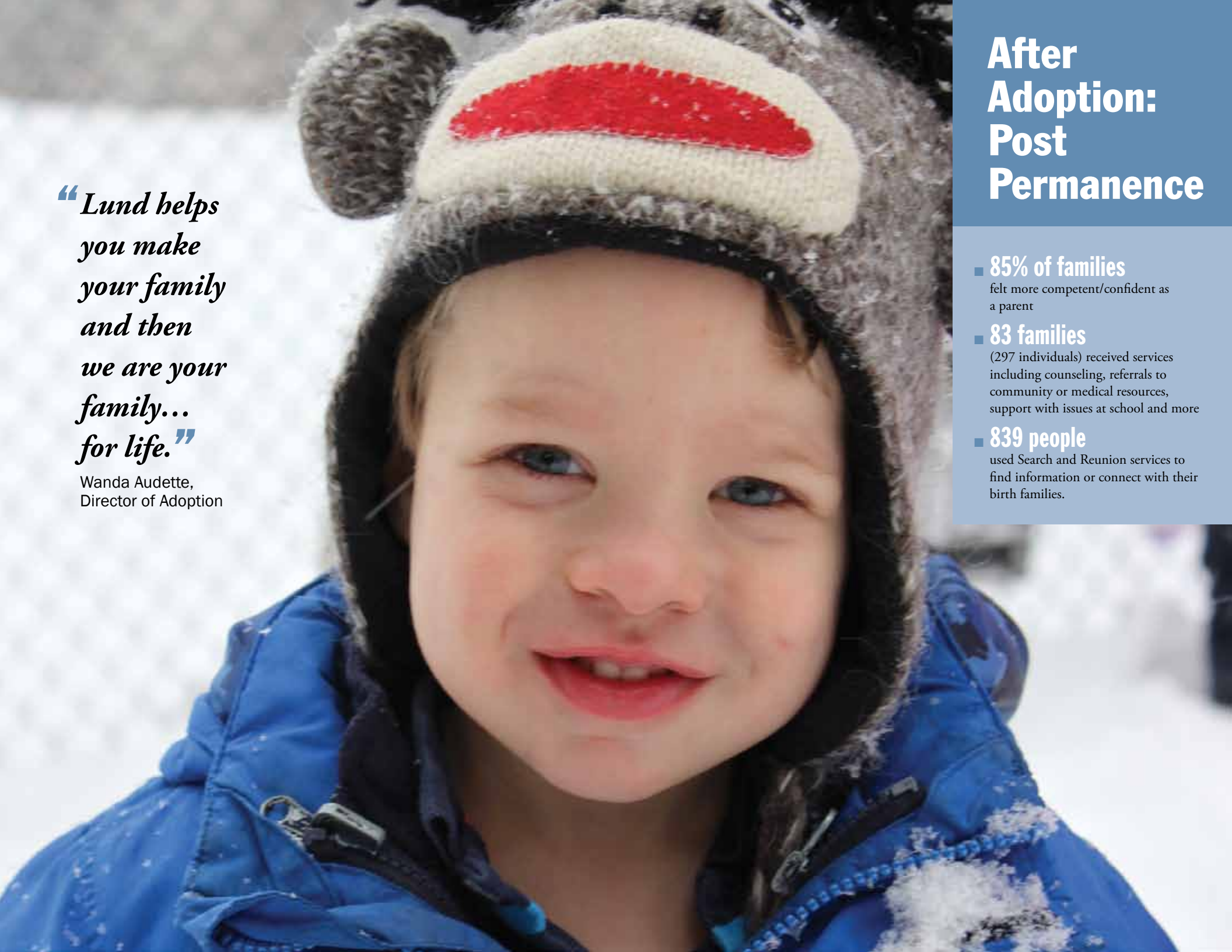
Sara Byers
Board President

Lund is a statewide organization working all across Vermont.



With staff located across the state, Lund's programs and services reach all Vermonters.

Our adoption services also extend nationwide.



*“Lund helps
you make
your family
and then
we are your
family...
for life.”*

Wanda Audette,
Director of Adoption

After Adoption: Post Permanence

- **85% of families**
felt more competent/confident as
a parent
- **83 families**
(297 individuals) received services
including counseling, referrals to
community or medical resources,
support with issues at school and more
- **839 people**
used Search and Reunion services to
find information or connect with their
birth families.



“This place has been a life changer. You are never alone; there is always someone here to talk to.”

Independence Place

- Home to 12 mothers and 13 children
- 100% of mothers assessed as having improved their parenting skills
- 100% of mothers assessed as having improved their coping skills
- 80% of the women transitioned into independent, stable housing in the community of their choice

*“She’s wonderful. She’s my world.
I’d do anything for her now.”*


Family Education

- **74 families**
participated in parenting education while in residential treatment
- **76 families**
participated in home-based parenting education
- **17** of the home-based families participated in the innovative Parents as Teachers program, which emphasizes the vital role of parents as child’s first teachers
- **113 children**
were screened for developmental delays
- **79% of clients**
who engaged in our programs for 6 months or more made progress towards their family goals



Outpatient Treatment

- **65 women** received treatment for their addiction
- **75% of women** showed decreased frequency of substance use upon discharge
- **75% of women** showed improvement in their overall functioning upon discharge
- **29% of women** had increased positive social connections upon discharge

A close-up photograph of a woman with dark hair, smiling warmly and hugging a young child with curly hair. The woman is wearing a grey tank top, and the child is wearing a grey shirt with orange trim. The background is a plain, light-colored wall.

“I see my beautiful child growing so big and I believe he has forgiven me. I dream that drugs never take over my life again.”

Early Childhood Education Program

- **59 children** enrolled in the program
- **71%** of enrolled children live in poverty and receive full state childcare subsidy
- **13 children** received onsite therapeutic services through a collaboration HowardCenter
- **100%** of children were fully immunized and had established medical and dental providers
- **82%** of children demonstrated growth towards social/emotional developmental milestones
- **100%** of parents reported an increase in their parenting resilience, social connections, concrete support in times of need, and knowledge of parenting and child development



“We’re so happy and grateful to be a Lund family. We love it and our son loves it too.”

Regional Partnership Program

■ **394 parents** interviewed and screened

Of those:

■ **15%** were determined to not have a substance abuse problem

■ **5%** refused to participate in further assessment

■ **80%** engaged in further assessment


Of those assessed:

■ **70%** went on to connect to the treatment services that Lund recommended

“Time is of the essence in cases involving children. This program has been tremendously helpful for parents to have readily accessible drug and alcohol assessments.”

Honorable Thomas J. Devine, Chittenden Family Division Superior Court Judge





“Coming here was one of the best choices I have made for my daughter and myself. I can finish school and still follow my dreams so when my daughter is older she can finish hers.”

New Horizons Educational Program

- **33 pregnant or parenting women**
attended school, 16 from the community and 17 from residential treatment
- **100%** made academic progress
- **6 students**
received their high school diplomas
- **87% of the women**
reported an increase in self sufficiency over the school year.
- **768 middle and high school students**
attended panels presented by Lund women in the Teen Pregnancy Prevention Outreach Program

Residential Treatment Program

■ 65 women

received residential treatment for substance abuse and mental health disorders with 74 children in residence with them

■ 79% of women

report healthy and positive community connections at discharge

■ 96% of children

have permanency at the time of mother's discharge (Permanency is defined as the child having a safe and stable family or other identified adults that are caring for and committed to them)

■ 81% of women

showed decreased frequency of use of substances on discharge

■ 67% of women


showed improvement in overall functioning on discharge

■ 25% of women

reported increased positive social connections on discharge

■ 24 babies were born

All were free of illicit substances

A photograph of a young child with light brown hair, wearing a pink and white striped long-sleeved shirt, being held by a woman. The child is smiling and looking towards the camera. The woman is partially visible on the right side of the frame, looking at the child. The background is softly blurred, showing other people in a warm, indoor setting.

“I’m so grateful every day that I get to be with my daughter and raise her. We have an incredible bond and I couldn’t be happier to be her mother.”

Reach Up/ Workforce Development

- **203 parents** with **270 children** were served through Reach Up—190 women and 13 men
- **19 individuals** obtained their high school diploma or GED
- **88 participants** attained paid employment
- **37 families** completed the Reach Up program by attaining paid employment
- **124 individuals** engaged in on-the-job work training, 14 of them worked at Lund
- **60% of clients** were engaged in qualifying work activities such as interviewing, resume work, job search, skill training
- **100% of clients** had safe and stable housing six months after intake
- **100% of teen parents** 19 and under without a high school diploma engaged in secondary education and made progress

“Hailie has so many fine skills to offer her employers, no matter where she chooses to go. It’s so exciting to know she is working towards her future and it was a pleasure working with her and getting to know her.”



Adoption

■ 172 adoptions

of children who had been living in foster care were finalized: 166 through Project Family and 6 through Wendy's Wonderful Kids

■ 95% of families

reported they had received necessary services and that their transition from foster care to adoption was seamless

■ 14 infants

were adopted through our private adoption program

■ 46 pregnant women

received Options Counseling and reported they felt more knowledgeable having received accurate information about their options

■ 29 home studies

were completed

■ 90% of families

waiting for a child reported that they felt supported

*“Love builds a family.
For us, adoption
is that love.”*



A photograph showing a woman with her hair in a bun and a young boy in a blue t-shirt looking at a collection of children's books. The woman is holding a book titled 'TREATIES, TRENCHES, MUD AND BLOOD'. Other books visible include 'CRACKING AND READING SIGNS', 'STONCHART', 'INSPELL', 'CORABELLA PINICE', 'THE RENAISSANCE', and 'Carl Misa'. The background shows a bulletin board with various papers and a colorful sunflower illustration.

Kids-A-Part

- **253 mothers** served
- **58 children and their caregivers** from across Vermont received financial assistance to allow these children to visit their 38 mothers at the Correctional Facility in South Burlington
- **87 incarcerated women** and 141 families in the community received case management
- **44 families** engaged in group visits in the Kids-A-Part space inside the Correctional Facility
- **100% of women** who identified as pregnant or as a parent to a minor child were screened for grief, loss, mental health and addiction issues. 72% of those women engaged in parenting education during their incarceration
- **77% of incarcerated women** who completed a parenting and recovery support group reported an increased ability to understand the needs and wants of their child and their child's caregivers

“Kids-A-Part helped me realize even when I can't be home with my kids I can still be there for them and be a mother to them, even from in here.”

Board Members

Lucy Abair	Jeanne B. Kennedy	Karen Paul
Maria Arnold	Barbara Lande	Lisa Pizzagalli <i>Immediate Past President</i>
Sara Byers <i>President</i>	Emily Lee <i>Vice President</i>	Eileen Simollardes <i>Treasurer</i>
Matthew Carter	Larry MacKinnon	Stephanie Miller Taylor <i>Secretary</i>
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T.J. Donovan	Bibi Mukherjee	Heidi Viens
Maurine Gilbert	Susan Nostrand	
Katie Halsey	Manon O'Connor	

We are very grateful to Lynn Brennan, Jane Bryan and William Rowe who left our board in 2015 after many years of hard work and dedication

Lund helps children thrive by empowering families to break cycles of poverty, addiction and abuse. Lund offers hope and opportunity to families through education, treatment, family support and adoption.

