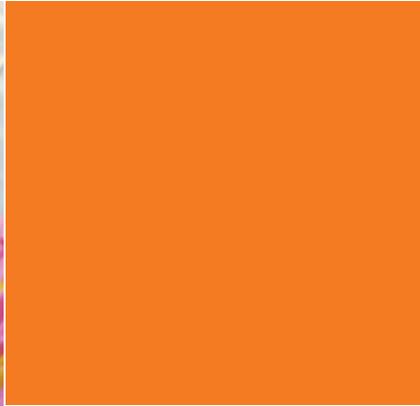




Annual Report 2017

2018 CALENDAR



LUND

HOPE • OPPORTUNITY • FAMILY

Dear Friend of Lund,

This year, more than ever, we could not have accomplished what we did without YOU! As you know from reading the headlines, addiction, poverty and abuse—some of the big issues that compete with Lund’s mission of helping children thrive—are not going away anytime soon.



Barbara Rachelson

As Lund continues working towards our strategic goals of becoming financially strong and stable, we are grateful to each of you for the ways you help make our work possible. Your financial, volunteer and in-kind support is essential. We appreciate all of your work to help assure that Vermont children and families thrive. This annual report highlights just some of the many accomplishments that Lund had this past year, again because of you.

I am truly inspired by the staff, board and other volunteers at Lund, whose passion, dedication and commitment to our clients and our mission is unmatched.

As a staff and organization, we are humbled and motivated by the clients we serve and their hard work and courage to move out of poverty, addiction, and abuse to forge a better future for themselves and their families. I am always hopeful when I see the resilience of the young people who have forever families now through Lund’s adoption work. I celebrate their dreams of brighter futures coming to fruition.

All of this truly makes it an honor and privilege to lead this organization.

I hope this annual report inspires you to learn more about what we are doing. Thank you for your continued support.

We wouldn’t be Lund without you!

A handwritten signature in blue ink that reads "Barbara Rachelson".

Barbara Rachelson
Executive Director

Highlights from the year

July Lund’s residential treatment program’s Peer Council is comprised of eight strong and capable members who provide Lund staff with ideas and suggestions to make life better for women and children living at Lund.



Lund’s Early Childhood Education Program goes from one to two preschool classrooms that will provide 24 preschoolers with high quality care and education.

August The Honoring Ceremony celebrates the educational, workforce development and outreach participation achievements of 32 women. Four students receive their High School Diplomas, three went on to higher education and one to a job training program.



September Debate class for Lund’s residential and community treatment clients starts at Lund in collaboration with the SPEAK program and the Lawrence Debate Society at the University of Vermont.

Lund partners with the Department for Children and Families on the Quality Improvement Center for Adoption and Guardianship Support and Preservation survey project in Vermont. The project goal is to identify and understand the strengths of families who are doing well post adoption and to identify any families who may be struggling in order to provide additional support to them earlier in their adoption journey.

Toni Yandow, Adoption Administrator, is named an Angel in Adoption by the U.S. Congressional Coalition on Adoption Institute for her work to complete the adoptions for every single family who adopts in Vermont.

October Lund clients dance the night away at the Inaugural Fall Ball. Even Director of Adoption, Wanda Audette and Director of Residential and Community Treatment, Kim Coe hit the dance floor!



Moms and kids from Lund’s Independence Place transitional housing program trick or treat at the Cathedral Square senior housing across the street from their homes at McAuley Square.

November Lund celebrates National Adoption Month with a record 43 adoptions taking place at five courthouses across Vermont.

Lund raises over \$25,000 on #GivingTuesday, demonstrating what an amazing and supportive community we live in.

Kids-A-Part holds a Caregivers’ Appreciation Breakfast to support and celebrate people who are caring for children while their moms are incarcerated.



Last year

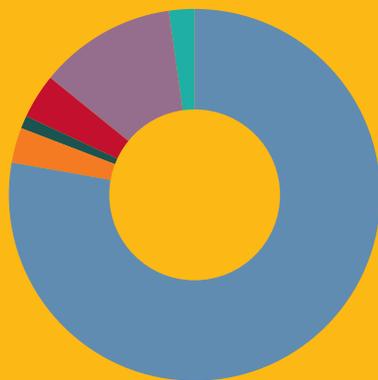
5,310 individuals benefited from Lund's programs and services.

Lund FY 2017 Statement of Financial Position

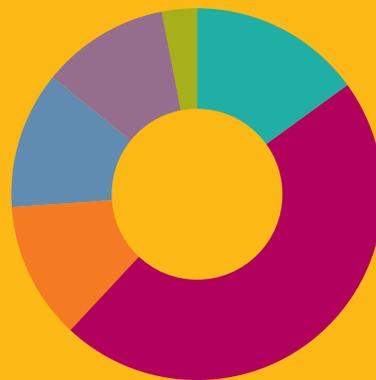
Amount in thousands

Assets	Unaudited		Liabilities	Unaudited	
	FY 2017	FY 2016		FY 2017	FY 2016
Cash	1,373	1,343	Accounts payable and accruals	615	525
Receivables	1,112	880	Deferred revenue	7	20
Other current assets	88	79	Notes and bonds payable	4,834	5,021
Investments	963	883	Interest rate swap liability	491	491
Property and equipment, net	8,286	8,509			
Deferred financing costs, net	62	70			
Total Assets	11,884	11,764	Total Liabilities	5,947	6,057
			Net Assets	5,937	5,707
			Total Liabilities & Net Assets	11,884	11,764

Total Operating Revenue FY 2017:
\$10,042,217



Total Operating Expenses FY 2017:
\$9,683,508



December Amazing support from the community allows Lund to meet the holiday wish list needs of over 150 families, who otherwise would not have had holiday presents for their children!



January Billing Specialist position is added to the Finance Department to ensure that Lund has the needed infrastructure to meet the complexity of our programs and funding sources.

New Horizons Education Program students cook a Nepali fundraising lunch for staff and board members to raise money for field trips.



February The City of Burlington releases its guiding principles for the battle against opiate addiction. Lund is proud to be on the team along with UVM Medical Center, the Vermont Health Department, city and state law enforcement, and other nonprofits that helped to draft this document.

March Lund receives the Governor's Council on Physical Fitness and Sports Worksite Wellness Award for its excellent programs promoting health and physical wellbeing for staff members.

A second leadership position is added to the Regional Partnership Program to supervise staff and coordinate the program in the Southern half of the state. RPP is now operating in all 12 DCF districts helping to ensure timely access to treatment for parents and better outcomes for children.



April Lund staff members Kelsey Francis-Fath and Marie Fetterhoff win KidSafe Collaborative awards for their work to protect children from abuse or neglect.

Kids-A-Part Community Case Manager presents "Why Kids Needs Cops" workshop at the Vermont State Police Academy.

May Despite another rainy day, bikers and walkers join Lund at the 9th Annual Ride and Walk for Children and raise over \$45,000 to benefit Lund's programs.

Heather Simmons, Associate Director of Adoption, presents at the National Adoption Conference in Las Vegas on "Recruitment for Children in Foster Care Needing Forever Families".



June Preschoolers from LECP and students from New Horizons plant their joint garden with 99 seedlings received from community donations!

The Kids-A-Part program holds a "movie night" inside the Chittenden Regional Correctional Facility where kids, wearing their pajamas, watch a movie with their moms during the Saturday morning mom and child visit.

Education



At Lund, education, for both parents and children, is a high priority. A growing body of research shows that children who live in poverty and attend a quality early childcare program experience long-lasting and positive effects including a reduced need for special education in later childhood; higher school achievement in early adolescence; lower rates of high school incompletions, juvenile arrests, and welfare assistance as an adult; and higher instances of wealth in later adolescence and early adulthood.

Lund's Early Childhood Education Program (LECP) provides 5 STAR care to 50 children aged 2 weeks to 5 years following a play based, emergent curriculum designed to meet the needs of children suffering from the effects of adverse childhood experiences.

- 67 children attended Lund's Early Childhood Education Program.
- 70% of these children are considered to be living in poverty and receive the full state childcare subsidy.
- 11 children received on site therapeutic services from the Howard Center.
- 100% of the children made progress towards social/emotional developmental goals.
- 100% of the children were fully immunized and had medical and dental homes.
- 94% of families report that they feel strong and confident as parents, have knowledge of where to turn to in times of need, have an increased understanding of child development and positive social connections as a result of their child attending LECP.

Studies show that the typical high school graduate will obtain higher employment and earnings — a 50%-100% percent increase in lifetime income. And children whose parents have completed high school are 11 percent more likely to do the same.

The New Horizons Education Program (NHEP) provides high school completion and post-secondary options to pregnant and parenting students.

- 30 students attended NHEP. 15 attended while living at Lund's Residential Treatment Program and 15 attended as day students living in the community .
- 13 mothers brought their babies to school with them, helping to remove one of the biggest barriers to young moms continuing their education.
- 85% of students demonstrated academic progress.
- 80% of the senior class achieved their high school diplomas.
- 85% of students reported increased self-sufficiency after attending NHEP.
- 100% of NHEP students working with Lund's Teen Pregnancy Prevention and Outreach Program services created a family planning and birth control plan.
- 639 middle and high school students across Vermont attended panels on teen pregnancy prevention, safer sex and sexually transmitted infections prevention, and healthy relationships and risky behavior.

Treatment

Lund is Vermont's only residential treatment program for substance use and mental health disorders where a woman can engage in treatment while living with her child. Lund also provides gender specific, family centered outpatient treatment services. Lund is a spoke in Vermont's Care Alliance for Opioid Addiction.

Lund's Regional Partnership Program (RPP) is a collaboration with Vermont Department for Children and Families and is designed to improve the well-being of children and the permanency outcomes of children affected by substance abuse, by providing substance use disorder screening and assessment services to families throughout the state of Vermont.



- 57 women engaged in treatment for substance use and mental health issues while living at Lund's residential treatment facility. 55 children were in residence with them.
- 15 babies were born while their mothers lived at Lund. 100% were born free of illicit substances.
- 88% of women showed decreased frequency of substance use on discharge from residential treatment.
- 83% of women who left the program reported that Lund helped them to become a better parent.
- 88% of women leaving Lund reported that their time in the program prepared them to live independently.
- 72% of women surveyed maintained their sobriety six months after leaving the residential program.
- 224 individuals accessed treatment and substance use assessment services as part of Lund's outpatient clinical services.
- 1198 individuals were referred to the RPP program. 857 were found to be suffering from or being at risk of substance use disorder. 80% of these people successfully completed the RPP program.

Adoption



Lund is Vermont's oldest and largest nonprofit adoption agency completing private adoption for infants, supporting birth families, and finding forever homes for older children in state custody through Project Family, a 17 year partnership with the Vermont Department for Children and Families. Lund firmly believes that every child deserves a forever family. There are no unadoptable children just unfound homes.

Lund's Post Permanence Program helps adoptive families to celebrate milestones, identify strengths and needs, establish goals and connect with community resources to address challenges that can arise for families whose children have experienced a traumatic start in life. Lund supports adoptive families at any time of their lives, regardless of their ability to pay. Discovering Your Roots services help members of the adoption constellation find information and connection to their birth families.

- 277 children were adopted with Lund's help:
 - 17 infants through our private adoption program;
 - 250 children through Project Family, our collaboration with the Department for Children and Families;
 - 10 through Wendy's Wonderful Kids, a signature program of The Dave Thomas Foundation for Adoption.
- Since 2000, Project Family has found forever families for 4,026 children.
- 78% of children achieved permanency within 6 months of termination of parental rights.
- 100% of families reported that they received the necessary services to be successful as they transitioned from foster care to adoption.
- 138 individuals from 90 families received assistance through Lund's post permanence support services.
- 80% of families accessing post permanence support services reported feeling more confident as a parent.
- 48 individuals received impartial, full spectrum pregnancy counseling and related ongoing services.
- 45 home studies were completed.
- 100% of families reported feeling supported as they waited for a child.
- 1006 individuals accessed our Discovering Your Roots services looking for information about or connection to members of their birth families or relatives who had been adopted.

We wouldn't be Lund without you! Thank you.

Family Support

Lund offers integrated family support services—parenting education, workforce development, transitional housing, support for incarcerated mothers—to ensure that families can be healthy, self-sufficient and making progress towards education, family or employment goals.

- 11 women and their 11 children lived at Independence Place, Lund's transitional housing program.
- Of women leaving the program: 100% increased their parenting skills, 100% had access to reliable transportation, 75 % increased their use of positive coping skills.
- 159 parents and 190 children accessed Reach Up (welfare to work) services through Lund. 91% of the parents were engaged in qualifying work activities.
- During the year, 42 parents transitioned from Reach Up due to gaining paid employment.
- 27 parents engaged in workforce development job placements, 8 of which were in Lund programs or offices.
- 208 mothers and their 368 children and the 69 caregivers of those children were served by Kids-A-Part, Lund's program to reduce the traumatic impact of a mother's incarceration on her children.
- 92% of mothers participating in Kids-A-Part reported that they were more likely to talk to their children about incarceration in an age appropriate way.
- 98% of mothers participating in Kids-A-Part reported that they were more likely to talk about the impact of their incarceration on their children.
- The Kids-A-Part Community Case Manager held 10 trainings/presentations statewide to 298 individuals including law enforcement officials, emergency responders, early education teachers, school based clinicians, and mental health workers about the particular needs of children with incarcerated parents.
- 90% of participants in the trainings gained knowledge and insight that was directly applicable to their work.
- 57 families at Lund's residential facility and 49 families in the community engaged in family education.
- 100% of parents participating in family education surveyed reported an increase in one or more of the following areas: resilience, knowledge of child development, social connections, concrete support in times of need, and social/emotional competence of children



We'd love for you to join us!

In-Kind Wish List:

- Adoption Themed and Picture Books
- Arts & Craft Supplies
- Diapers & Wipes (especially larger sizes and pull-ups)
- Educational Board/Card Games & Toys for ALL ages
- Formulas: Similac & Similac Sensitive
- Gift Cards for Gas, Groceries, Amazon, iTunes, Toys“R”Us, and Walmart
- Seasonal Clothing for children up to size 6
- School Supplies
- More on Amazon.com “Wish List”

Volunteer Opportunities:

- Creating your own fundraiser
- Event Volunteer
- Kids-A-Part
- Kitchen Assistance
- Mailings
- Office Volunteer including stuffing our newsletter
- Special Projects

In addition, we also post volunteer opportunities on the United Way of Northwest Vermont's Volunteer Center website.

Tours:

Once a month we offer tours of Lund. Join us to learn more about the programs we offer to help women, children, and families.





Connect with us

 #LundVT

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 LundVT

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*Lund is very grateful to Christopher Curtis, T.J. Donovan, Susan Nostrand and Heidi Viens who left the board in June 2017.
We truly appreciate their hard work for and commitment to Vermont's women, children and families.*

Lund helps children thrive by empowering families to break cycles of poverty, addiction and abuse. Lund offers hope and opportunity to families through education, treatment, family support and adoption.

