

Circles of Sexuality

Sensuality

Awareness, acceptance of, and comfort with one's own body; physiological and psychological enjoyment of one's own body and the bodies of others.

body image
human sexual response cycle
skin hunger
fantasy

Intimacy

The ability and need to experience emotional closeness to another human being and have it returned.

caring • sharing
loving/liking
risk-taking
vulnerability
self-disclosure
trust

Sexualization

The use of sexuality to influence, control, or manipulate others.

rape
incest
sexual harassment
withholding sex

Sexual Health & Reproduction

Attitudes and behaviors to producing children, care and maintenance of sex and reproductive organs, and health consequences of sexual behavior.

factual info • feelings & attitudes
sexual/reproductive systems
physiology & anatomy of reproductive organs
intercourse

Sexual Identity

The development of a sense of who one is sexually, including a sense of maleness and femaleness.

gender identity
gender role
sexual orientation
biological sex

Adapted from *Life Planning Education*. Advocates for Youth, Washington, D.C. advocatesforyouth.org.
Circles of Sexuality created by Dennis M. Dailey, Professor Emeritus, University of Kansas, based on the initial work of Harvey Gochros.