

Food Pantries/ Free Meal Programs

Name	Address	Offers	Hours	Contact
Feeding Chittenden County	228 North Winooski Ave Burlington VT 05401	Food Shelf, Hot Meal Program, Grab N Go Meals	M-F: 9 AM- 4 PM M-F: 9AM- 11AM M-F: 9AM- 2:30 PM	Edi Abeneto (802) 658-7939 ext 23 eabeneto@cvoeo.org
Salvation Army of Burlington VT	64 Main St Burlington VT 05401	Food Shelf: Meals:	M,W,Th: 10 AM - 2PM F: 11AM-2PM M,W,Th,F,Sa: 5-6PM	Felisha Davis (802) 864-6991 felisha.davis@use.salvationarmy.org
Aunt Dot's Place in Essex	51 Center Rd Essex, VT 05452	Food Shelf:	Tu: 6-7:30 PM Th, Sa: 9-11AM	(802) 662-5614 auntdotsplace@gmail.com
North End Food Pantry (Heineberg Community Center)	14 Heineberg Rd Burlington VT 05401	Food Shelf	Sa: 9-11AM Milk and packaged foods, sometimes produce Su: 9-11AM Bakery and Produce	
North End Food Pantry (Odd Fellows/ Rebekah Lodge)	1416 North Ave Burlington VT 05401	Food Shelf/ Clothing	Sa, Su: 9-11AM	
First United Methodist Church	21 Buell St, Burlington VT 05401	Soup and Sandwiches	Su: 5-6PM	
Heavenly Food Pantry	39 Main St, Essex Junction VT 05452	Food Shelf (for residents of Essex Junction, Essex Town, and Westford	2 nd Mon of month: 5:30-7:30 PM 4 th Thu of month: 3:00-6:00 PM	

[Visit Vermont 211](#) for a more extensive list of food pantries.

Low-Cost Clothing

Name	Address	Offers	Hours	Contact
Saint Anthony's Parish Hall	305 Flynn Ave Burlington VT 05401	Clothing	Tu: 10AM-1PM Th: 10 AM- 4PM 2 nd Sat: 10AM-1PM Closed Saturdays during summer	(802) 862 5784 ctkstaoffice@vermontcatholic.org
Possibility Shop (First Cong Church of Burlington)	38 S Winooski Ave Burlington VT 05401 (lower level of church)	Clothing/ household items	W,F: 10AM-3PM	(802) 862-5010
Every Monday Thrift Shop (First United Methodist Church)	21 Buell St, Burlington VT 05401	Clothing	M,Th: 10:00 AM-3:00 PM	(802) 862-1151
Heavenly Cents Thrift Shop (First Congregational church of Essex Junction)	37 Main St Essex Junction, VT 05452	Clothing/ Linens/ Household Items	Tu: 10AM-1PM W: 4:00-7:00 PM Sa: 10 AM- 1PM	(802) 879-6552

Facebook groups for Free or Low Cost Baby Supplies:

- [VT Mama's Pay It Forward](#)
- [Buy Nothing \(NNE\)](#)
- [Burlington Gifting](#)
- [Parents and Caregivers of Burlington and Beyond](#)
- [Zero and Minimal Waste Group – Vermont](#)