



LUND SUPPORT GROUPS FOR ADOPTIVE AND GUARDIANSHIP FAMILIES

A supportive place for adopted youth and adoptive and guardianship families to connect, share experiences, and learn tools and resources

Adopted Youth Group (Ages 10-17)



South Burlington, VT



1st Thursday of the month; 4-5 PM

A fun and engaging group for Vermont adoptees to connect with others who share similar experiences.

Caregiver Support Group



Meets Virtually



Last Wednesday of the month; 5:30-7:30 PM

A virtual support group for adoptive and guardianship caregivers to build community and learn about resources.

Southern VT Support Group



Meets in Putney, VT



2nd Tuesday of the month; 5:30-7:30 PM

A support group for adoptive and guardianship parents in the Brattleboro area.

Self-Care Support Group



Meets Virtually



3rd Friday of the month; 12:00-1:00 PM

A virtual support group for adoptive and guardianship caregivers of young adults to learn self-care strategies for ongoing parenting.

Stories of Adoption



Meets Virtually



2nd Tuesday of the month; 12:00-1:00 PM

A virtual support group for adoptive and guardianship caregivers that blends clinical insight, education, and supportive connection.

For more information, please email:
adoptionsupportgroup@lundvt.org

